## Post-Procedure Care Skills Checklist

| Skill  | Yes | No | Comments |
|--|-----|----|----------|
| Monitors the woman's physical status   |     |    |          |
| Ensures the woman is resting comfortably   |     |    |          |
| Takes vital signs immediately  |     |    |          |
| Reviews chart for condition and history  |     |    |          |
| Monitors physiological status, including vital signs   |     |    |          |
| Evaluates bleeding and cramping at least twice   |     |    |          |
| Continues therapy for any existing problems  |     |    |          |
| Assesses and manages complications   |     |    |          |
| Manages pain   |     |    |          |
| Evaluates pain levels  |     |    |          |
| Administers and monitors desired options for pain relief   |     |    |          |
| Addresses other physical-health issues   |     |    |          |
| Addresses other physical-health needs and provides referrals if needed for: anemia, RTIs/HIV, cervical cancer, violence, infertility   |     |    |          |
| Administers Rh-immunoglobulin, if protocol   |     |    |          |
| Provides emotional monitoring and support  |     |    |          |
| Responds sensitively to emotions   |     |    |          |
| Monitors emotional status  |     |    |          |
| Provides counseling and referrals for emotional-health needs   |     |    |          |
| Provides contraceptive counseling (if not done before the procedure)   |     |    |          |
| Determines desire for future pregnancy and reproductive needs  |     |    |          |
| Provides contraceptive counseling, methods and resupply information  |     |    |          |
| Makes sure that the woman knows how to use the method of contraception she has chosen and answer any of her questions  |     |    |          |
| Arranges for follow-up care as desired or needed   |     |    |          |
| Schedules follow-up appointment according to her condition and/or request  |     |    |          |
| Secures her consent before releasing records to other providers  |     |    |          |
| Discharges the woman   |     |    |          |
| Ensures recovery before discharging according to protocols   |     |    |          |
| Provides instructions on: self-monitoring normal recovery; pain relief/medications; behaviors that increase problems; when and how to seek treatment for complications; follow-up care |     |    |          |