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## *Uterine Evacuation in Crisis Settings Using Manual Vacuum Aspiration*

## Sample Refresher Course Agenda

**Note to Trainer**: This is only an example of a rapid refresher course on using manual vacuum aspiration for uterine evacuation. You may need to adjust the order of some content and the time allowed based on your setting and the experience level of the participants.

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| --- | --- | --- | --- | --- |
| **Unit** | **Objective** | **Time** | **Content** | **Training Method** |
| **Day 1 total: 8 hours** | | | | |
| 1 |  | 15 min | Welcome  Trainer introduction(s)  Ice breaker | Paired interview |
| 1 |  | 15 min | Course agenda  Participant expectations  Course objectives (optional)  Housekeeping/parking lot | Brainstorm |
| 1 |  | 15 min | Knowledge pre-test |  |
| 2 | 3 | 15 min | Uterine evacuation is an important element of reproductive health (RH) in crisis settings because:   * maternal mortality is linked to unsafe abortion; * of a lack of security; * of a high risk of sexual violence; * of disruption in contraceptive and other health services; and * women may want to delay childbearing during a crisis. | Interactive presentation and group brainstorm  (Why might a woman need a uterine evacuation in a crisis setting?) |
| 2 | 1 | 30 min | Values clarification | Group activity  (Comfort Continuum) |
| 2 | 2 | 15 min | Review abortion law | Presentation  Read case studies aloud, large (or small) group process |
| 3 | 4, 5 | 15 min | Uterine evacuation methods and why manual vacuum aspiration (MVA) is necessary in crisis settings  Safety, efficacy of MVA  Possible complications of MVA | Presentation  *Handout: Uterine Evacuation Treatment Options Chart* |
|  | **Break** | **15 min** |  |  |
| 3 | 6 | 15 min | Using misoprostol to treat incomplete abortion in crisis settings  Using medical abortion for first trimester uterine evacuation | Facilitated discussion  Colored paper activity |
| 3 | 7, 8 | 30 min | Uterine evacuation method options counseling  Informed consent | Presentation  Case studies |
| 4 | 9 | 30 min | Instrument facts and features |  |
|  | **Lunch** | **1 hr** |  |  |
| 4 | 10 | 45 min | Processing Ipas MVA Plus and Ipas EasyGrip Cannualae | Presentation  Instrument processing video |
| 4 | 12 | 1 hr | Uterine evacuation with the Ipas MVA Plus  Review MVA steps | Procedure video |
| 4 | 15 | 1 hour | Demonstration  Simulated practice | Pelvic models |
|  | **Break** | **15 min** |  |  |
| 4 | 13 | 15 min | Technical problems during MVA | Demonstration/ “What if” activity |
|  |  | 15 min | Summarize and close for Day 1 | Daily process evaluation |
| **Day 2 total: 6 hours** | | | | |
|  |  | 30 min | Welcome participants back  Overview of Day 2  Respond to any questions from Day 1  Re-energize  Review MVA steps |  |
| 5 | 11 | 15 min | Pain management plan | Case studies |
| 5 | 15 | 1 hr | Simulated practice with pelvic models |  |
| 6 |  | 15 min | Post-procedure care and follow-up care |  |
|  | **Break** | **15 min** |  |  |
| 6 | 16 | 45 min | Postabortion contraceptive counseling and services | Positive/negative trainer demonstration |
| 6 | 14 | 1 hr | Management of complications |  |
| 6 | 17 | 15 min | Linkages to family planning, reproductive health, sexually transmitted infections, and more |  |
|  | **Lunch** | **1 hr** |  |  |
| 7 | 18, 19 | 30 min | Using a monitoring plan to ensure quality of care and to sustain MVA and postabortion contraceptive services | Worksheet activity |
| 7 | 20 | 15 min | Review a work plan to integrate MVA into crisis setting immediately:   * Supply/resupply of MVA instrument and related supplies; * Create systems of sustainability; and * Create mentor relationships and facilitated supervision, if necessary. |  |
| 88 |  | 30 min | Closing activities | Review course objectives  Review participant expectations  Summary points  Daily process evaluation  Course evaluation |
| 8 |  | 15 min | Knowledge post-test |  |
| 8 |  | 15 min | Certificate of completion |  |