

*Basic Emergency Obstetric and Newborn Care in Humanitarian Settings: Select Signal Functions*

**Manual Removal of Placenta Skills Checklist**

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|  | **SKILLS CHECKLIST** | **YES** | **NO** |
|  | **Preparation** |  |  |
| 1 | Explain the procedure to the woman and provide emotional support |  |  |
| 2 | Insert an IV line with fluids rapidly infusing (active bleeding) |  |  |
| 3 | Assist the woman onto her back |  |  |
| 4 | Give diazepam \* 10 mg IM/IV |  |  |
| 5 | Clean the vulva and perineal area |  |  |
| 6 | Ensure the bladder is empty; catheter if necessary |  |  |
| 7 | Wash hands and forearm well and put on sterile gloves (long if available) |  |  |
|  | **Technique** |  |  |
| 8 | With one hand, hold the umbilical cord at the clamp; pull cord gently until horizontal |  |  |
| 9 | Insert other hand into the vagina and follow the cord up into the uterus |  |  |
| 10 | Drop the cord with the external hand, hold the fundus, provide counter-traction, and prevent inversion |  |  |
| 11 | Move fingers of internal hand sideways to locate the edge of the placenta |  |  |
| 12 | Keep fingers tightly together and use the hand’s edge to gradually make space between the placenta and uterine wall |  |  |
| 13 | Proceed gradually until the entire placenta is detached from the uterine wall |  |  |
| 14 | Withdraw the internal hand from the uterus gradually, bringing the placenta with it |  |  |
| 15 | Use the internal hand to explore inside of the uterine cavity to ensure all placental tissue has been removed |  |  |
| 16 | Examine uterine surface of placenta to ensure lobes and membranes are complete |  |  |
| 17 | Give prophylactic antibiotics \*Ampicillin 2g IV or IM |  |  |

*Adapted from WHO Pregnancy, Newborn and Childbirth Care: A guide for essential practice. 2015. 3rd Edition.*