|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Unit | Timing | Content | Training Method | |
| **DAY 1 (8 hours)** | | | | |
| 1 | 15 min | * Welcome * Facilitator introduction * Ice breaker | * Paired interview | |
| 1 | 15 min | * Course agenda * Participant expectations * Course objectives (optional) * Housekeeping/Parking lot | * Brainstorm | |
| 1 | 15 min | * Knowledge pre-test |  | |
| 2 | 15 min | Uterine evacuation an important element of reproductive health in crisis settings because:   * Maternal mortality linked to unsafe abortion * Lack of security * High risk of sexual violence * Disruption in contraceptive and other health services * May want to delay childbearing during a crisis | * Interactive presentation and group brainstorm  (Why might a woman need a uterine evacuation in a crisis setting?) | |
| 2 | 30 min | * Values clarification | * Group activity: Comfort Continuum | |
| 2 | 15 min | * Review of abortion law | * Presentation * Read case studies aloud, large (or small) group process | |
| **15 min. Break** | | | | |
| 3 | 15 min | * Using misoprostol to treat incomplete abortion in crisis settings * Using medical abortion for first trimester uterine evacuation | * Facilitated discussion * Colored paper activity | |
| 3 | 15 min | * Uterine evacuation method options counseling * Informed consent | * Presentation * Case studies | |
| 4 | 30 min | * Instrument facts and features |  | |
| **60 min. Lunch** | | | | |
| 4 | 45 min | * Processing Ipas MVA Plus® and Ipas EasyGrip® Cannulae | * Presentation * Instrument processing video | |
| 4 | 1 hour | * Uterine evacuation with the Ipas MVA Plus® * Review manual vacuum aspiration steps | * Procedure video | |
| 4 | 1 hour | * Demonstration * Simulated practice | * Pelvic models | |
| **15 min. Break** | | | | |
| 4 | 15 min | * Technical problems during manual vacuum aspiration | * Demonstration / “What if” activity | |
|  | 15 min | * Summarize and close for Day 1 | * Daily process evaluation | |
| **DAY 2 (6 hours)** | | | | |
|  | 30 min | * Welcome participants back * Overview of Day 2 * Respond to any questions from Day 1 * Re-energize * Review manual vacuum aspiration steps |  | |
| 5 | 30 min | * Pain management plan |  | |
| 5 | 1 hour | * Simulated practice with pelvic models |  | |
| 6 | 30 min | * Post-procedure care and follow-up care * Linkages to contraceptive services, reproductive health, STIs, etc |  | |
| **15 min. Break** | | | | |
| 6 | 30 min | * Postabortion contraceptive counseling and services | * Positive/negative facilitator demonstration | |
| 6 | 30 min | * Management of complications |  | |
| **60 min. Lunch** | | | | |
| 7 | 15 min | * Using a monitoring plan to ensure quality of care and to sustain manual vacuum aspiration and postabortion contraceptive services | * Presentation | |
| 7 | 15 min | * Review a work-plan to integrate manual vacuum aspiration into crisis setting: * Supply/resupply of manual vacuum aspiration instrument and related supplies * Create systems of sustainability * Create mentor relationships and facilitated supervision, if necessary | * Worksheet activity | |
| 8 | 30 min | * Closing activities | * Review course objectives * Review participant expectations * Summary points * Daily process evaluation * Course evaluation | |
| 8 | 15 min | * Knowledge post-test |  | |
| 8 | 10 min | * Certificate of completion |  | |
|  |  |  |  |  |