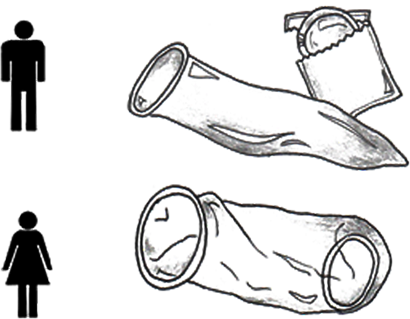
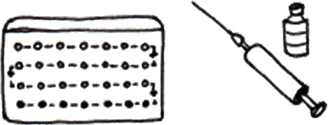
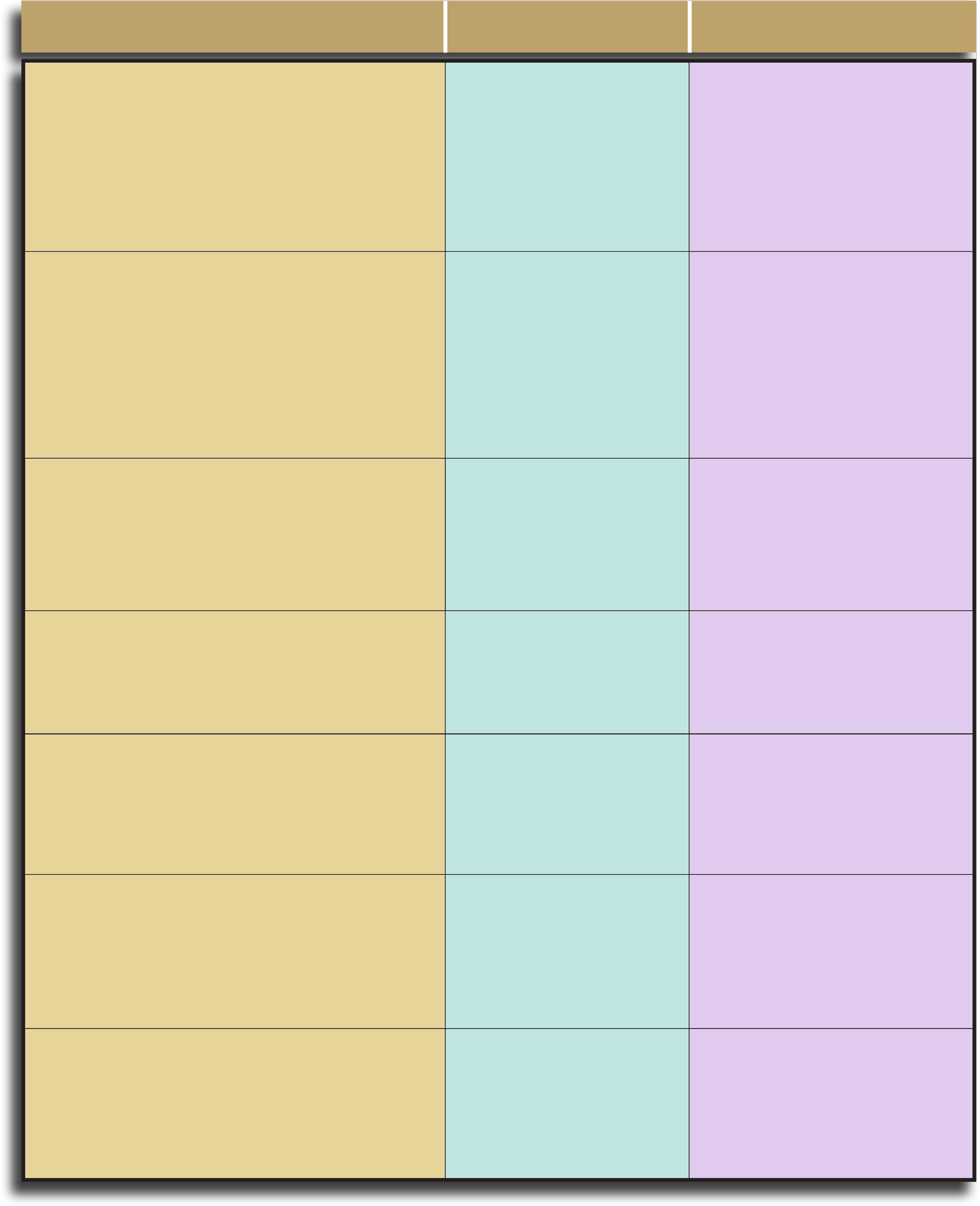
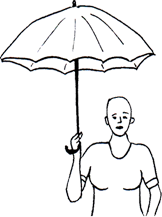
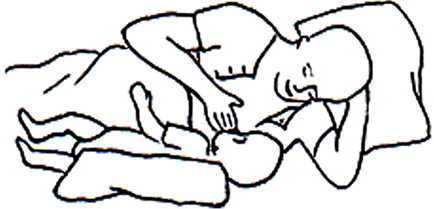
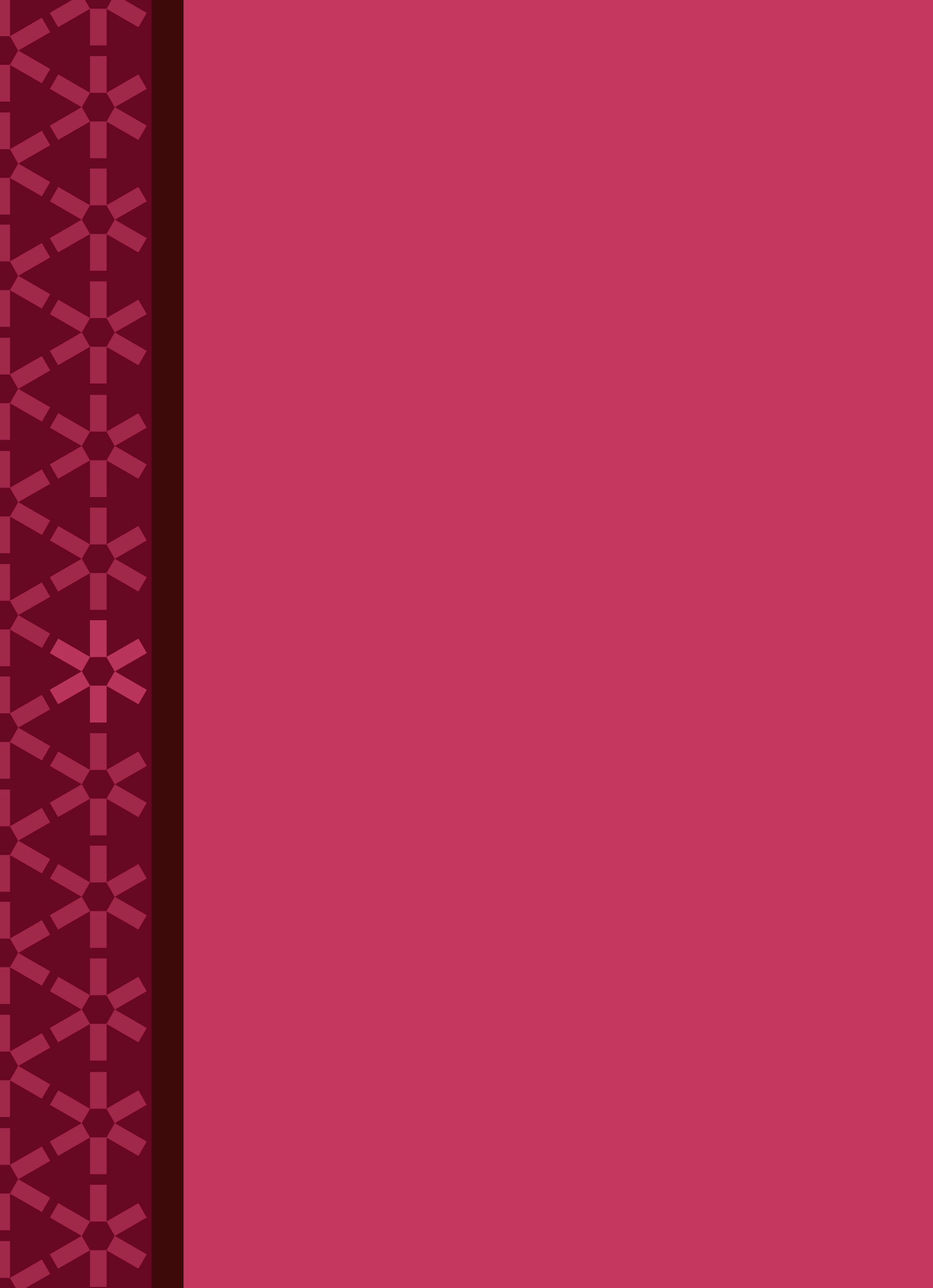
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Hakuna

Bora

Hakuna

Bora

Hakuna

Nzuri

Kiasi

Kiasi

Hakuna

Nzuri

Kuhasi/Kitanzi cha Kifuko

Kitanzi (IUD)

Njia ya Kalenda

Kujitoa

Njia ya ufumbuzi wa Kukaukiwa na Maziwa baada ya Kujifungua (LAM)

Kondomu ya Mwanaume

Bora

Hakuna

Nzuri zaidi

Nzuri

Pandikizi

Vidonge vya kuzuia uzazi, sindano

Njia za Homoni

Kondomu ya Mwanamke

Nzuri

KUJINGA NA MAGONJWA YA KUAMBUKIZA YA NGONO

**KUJIKINGA NA MIMBA**

Kiolezo C

Njia za Kuzuia

Ingiza nembo ya uajenti na ramani hapa.

NJIA YA UZAZI WA MPANGO