Annex 4 • Sample consent form

Notes on completing the consent form

Consent for an examination is a central issue in medico-legal practice. Consent is often called "informed consent" because it is expected that the patient (or his/her parent(s) or guardian) will receive information on all the relevant issues, to help the patient make a decision about what is best for her/him at the time.

It is important to make sure that the patient understands that her consent or lack of consent to any aspect of the exam will not affect her access to treatment and care.

The health care provider must provide information in a language that is readily understood by the patient or his/her parent/guardian to ensure that he/she understands:

What the history-taking process will involve.

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- The type of questions that will be asked and the reason those questions will be asked.
- What the physical examination will involve.
- What the pelvic examination will involve.
- That the physical examination, including pelvic examination, will be conducted in privacy and in a dignified manner.

- That during part of the physical exam, the patient will lie on an examination couch.
- That the health care provider will need to touch her for the physical and pelvic examinations.
- That a genito-anal examination will require the patient to lie in a position where her genitals can be adequately seen with the correct lighting.
- That specimen collection (where needed) involves touching the body and body openings with swabs and collecting body materials such as head hair, pubic hair, genital secretions, blood, urine and saliva. That clothing may be collected. And that not all of the results of the forensic analysis may be made available to the patient and why.
- That she can refuse any aspect of the examination she does not wish to undergo.
- That she will be asked to sign a form which indicates that she has been provided with the information and which documents what procedures she has agreed to.

Inform the patient that if, and only if, she decides to pursue legal action, the information told to the health worker during the examination will be conveyed to relevant authorities for use in the pursuit of criminal justice with her consent.

Sample consent form

Name of facility		· -	
Note to the health worker:			
After providing the relevant information to the patient as explained on page 42 (notes consent form), read the entire form to the patient (or his/her parent/guardian), explain choose to refuse any (or none) of the items listed. Obtain a signature, or a thumb print witness.	ning that	she can	
l,, survivor)	(print na	ame of	
authorize the above-named health facility to perform the following (tick the appropriate	boxes):		
	Yes	No	43
Conduct a medical examination			
Conduct pelvic examination			
Collect evidence, such as body fluid samples, collection of clothing, hair combings, scrapings or cuttings of fingernails, blood sample, and photographs			
Provide evidence and medical information to the police and/or courts concerning my case; this information will be limited to the results of this examination and any relevant follow-up care provided.			
I understand that I can refuse any aspect of the examination I don't wish to unde	r go .		
Signature:			
Date:			
Witness:			

Annex 5 • Sample history and examination form

Sample form, page 1 of 4

CONFIDENTIAL

CODE:

Medical History and Examination Form - Sexual Violence

1. GENERAL INFORMATION

First Name		Last Name	
Address			
Sex	Date of birth (dd/mm/yy)		Age
Date / time of examination	1	In the presence of	

Time of incident:

In case of a child include: name of school, name of parents or guardian

2. THE INCIDENT

Date of incident:

Description of incident (survivor's description)					
Physical violence	Yes	No	Describe t	ype and location on body	
Type (beating, biting, pulling hair, etc.)					
Use of restraints					
Use of weapon(s)					
Drugs/alcohol involved					
Penetration	Yes	No	Not sure	Describe (oral, vaginal, anal, type of object)	
Penis					
Finger					
Other (describe)					
	Yes	No	Not sure	Location (oral, vaginal, anal, other)	
Ejaculation					
Condom used					

If the survivor is a child, also ask: Has this happened before? When was the first time? How long has it been happening? Who did it? Is the person still a threat? Also ask about bleeding from the vagina or the rectum, pain on walking, dysuria, pain on passing stool, signs of discharge, any other sign or symptom.

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Sample form, page 2 of 4

3. MEDICAL HISTORY

After the incident, did the	survivor	Yes	No				Yes	No
Vomit?				Rinse mouth?				
Urinate?				Change clothing	g?			
Defecate?				Wash or bath?				
Brush teeth?				Use tampon or I	pad?			
Contraception use								
Pill				IUD		Sterilisation		
Injectable				Condom		Other		
Menstrual/obstetric histor	у							
Last menstrual period (dd/mm/	'yy)			Menstruation at	time of event	Yes 🗆	No []
Evidence of pregnancy	Yes □	No		Number of week	ks pregnant		_ weeks	
Obstetric history								
History of consenting inte	ercourse (only	y if sar	nples l	nave been take	n for DNA an	alysis)		
Last consenting intercourse wi prior to the assault	thin a week	Date (dd/mm/ <u>y</u>	/ y)	Name of indivi	dual:		
Existing health problems								
History of female genital mutilation, type								
Allergies								
Current medication								
Vaccination status	Vaccinated		Not v	accinated	Unknown	Con	nments	
Tetanus								
Hepatitis B								
HIV/AIDS status	HIV/AIDS status Known			Unknown				

4. MEDICAL EXAMINATION

Appearance (clothing, hair, obvious physical or mental disability)								
Mental state (calm,	Mental state (calm, crying, anxious, cooperative, depressed, other)							
Weight:	Height:	Pubertal stage (pre-	pubertal, pubertal, mature):					
Pulse rate:	Blood pressure:	Respiratory rate:	Temperature:					
	Physical findings Describe systematically, and draw on the attached body pictograms, the exact location of all wounds, bruises, petechiae, marks, etc. Document type, size, colour, form and other particulars. Be descriptive, do not interpret the findings.							
Head and face			Mouth and nose					
Eyes and ears			Neck					
Chest			Back					
Abdomen			Buttocks					
Arms and hands			Legs and feet					

5. GENITAL AND ANAL EXAMINATION

Vulva/scrotum	Introitus and hymei	1	Anus	
Vagina/penis	Cervix Bimanual/rectova		Bimanual/rectovaginal examination	
Position of patient (supine, prone, knee-chest, lateral, mother's lap)				
For genital examination:		For anal examination	on:	

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Sample form, page 4 of 4

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Type and location	Examined/sent to laboratory	Result

7. EVIDENCE TAKEN

Type and location	Sent to/stored	Collected by/date

8. TREATMENTS PRESCRIBED

Treatment	Yes	No	Type and Comments
STI prevention/treatment			
Emergency contraception			
Wound treatment			
Tetanus prophylaxis			
Hepatitis B vaccination			
Post-exposure prophylaxis for HIV			
Other			

9. COUNSELLING, REFERRALS, FOLLOW-UP

General psychological status	
Survivor plans to report to police OR has already made repor	t Yes □ No □
Survivor has a safe place to go to Yes □ No □	Has someone to accompany her/him Yes □ No □
Counselling provided:	
Referrals	
Follow-up required	
Date of next visit	

Name of health worker conducting examination/interview:			
Title:	Signature:	D	ate:

Right



