

DRAFT REVISED CONTENTS

KIT 3 RAPE TREATMENT

Use: Management of the immediate consequences of sexual violence with appropriate drugs and supplies.

Instructions: Health personnel should be trained to:

- conduct pregnancy tests
- explain how to use oral emergency contraception, if patient chooses
- give clients presumptive treatment for STIs
- counsel victims
- refer to specialized community and protection services (if appropriate)

Target population: Around 25 % of the camp population are potentially sexually active women. (10,000 x 25 % = 2,500). Assume 2 % of these women are raped (2,500 x 2 % = 50 women) and 10 children are raped (5 children weighing less than 30 kg, 5 children weighing 30 kg or more). 50% of clients might need a pregnancy test).

Contents:

Part A: Basic treatment after a rape, including treatment for children

Levonorgestrel 0.75 mg, packet of 2 pills/ per woman	50 pck
10% wastage	5 pck
Total	55 pck
Azithromycin, 250 mg tablet (4x 250 mg single dose for adults > 45 kg, see treatment protocol for children or adults < 45 kg)	220
Azithromycin 200 mg suspension, 200mg/5ml)	5
Cefixime, 200 mg tablet (2x 200 mg single dose for adults > 45 kg)	110
Cefixime, 100mg (suspension, 100mg /5 ml) (See treatment protocol for children)	10
Emergency Contraception Leaflet	2
Pregnancy test, temperature stable	25
Clinical Management of Survivors of Rape: a guide to the development of protocols for use in refugee and internally displaced situations, WHO/UNHCR, 2004	1

Remark:

- This kit can be used in combination with the Suture of Vaginal and Cervical Tears and Vaginal Examination Kit 9, to manage other consequences of sexual assault.
- For tetanus and hepatitis vaccines, refer to the nearest operational health center.

Part B: Post Exposure Prophylaxis for HIV, including treatment for children

Assuming that 30 adults and 8 children (4 children weighing less than 25 kg and 4 children weighing 25-40 kg) present within 72 hours of the assault.

Post-exposure prophylaxis treatment protocol	1
Zidovudine, 300 mg / Lamivudine, 150 mg tablet combined, (2 x 1/ day x 28 days)	1800
Zidovudine, 100 mg tablet (See treatment protocol for children)	840
Lamivudine, 150 mg tablet, (See treatment protocol for children)	360