

Appendix B: PAC treatment options

Methods	Expectant Management	Electric Vacuum Aspiration	Manual Vacuum Aspiration	Misoprostol
How It Works	<p>Allows the uterus to evacuate the products of conception by spontaneous uterine contractions over time without provider intervention</p> <p>Natural process</p> <p>Throughout the first trimester</p>	<p>A procedure that uses electric suction instruments inserted into the uterus to remove the products of conception</p> <p>Uterine size less than or up to 13 weeks from LMP</p>	<p>A procedure that uses manual suction instruments inserted into the uterus to remove the products of conception</p> <p>Uterine size less than or up to 13 weeks from LMP</p>	<p>Causes contractions that expel remaining products of conception</p> <p>Uterine size less than or up to 13 weeks from LMP</p>
Safety	<p>Emergency access to emergency care is important in case any products of conception are retained and cause complications (i.e. infection)</p>	<p>Low risk of infection or injury</p> <p>Little or no cervical dilation</p> <p>Low blood loss</p> <p>Short outpatient stay</p>	<p>Low risk of infection or injury</p> <p>Little or no cervical dilation</p> <p>Low blood loss</p> <p>Short stay</p>	<p>Referral relationship to a facility with vacuum aspiration must be established</p>
Effectiveness	<p>Effectiveness varies and vacuum aspiration may still be necessary</p> <p>Up to 84%</p>	<p>98-100%</p>	<p>98-100%</p>	<p>91-99%</p> <p>*average is 95%</p>
Cost Considerations	<p>No cost</p>	<p>Cost effective if done on an outpatient basis under local anesthesia</p> <p>EVA machine is expensive – requires constant supply of electricity</p>	<p>Cost effective if done on an outpatient basis under local anesthesia</p> <p>MVA instrument is inexpensive</p>	<p>Inexpensive</p>
Accessibility	<p>Women can use this method at home</p> <p>Needs to happen under the supervision of a trained provider (including mid-level)</p>	<p>Can be used in mid-level as well as high level health facilities in clean conditions with proper provider training</p>	<p>Can be used in low-level health care facility, in clean conditions with proper provider training</p> <p>Readily available in most settings</p>	<p>Can be provided in any health facility or family planning clinic</p> <p>Women can use this method at home</p>
Acceptability to Women	<p>Women can remain awake</p> <p>Private</p> <p>More natural/like miscarriage</p> <p>Need time and patience</p> <p>Side effects: bleeding and cramping</p>	<p>Women can remain awake</p> <p>Side effects: bleeding and cramping</p>	<p>Women can remain awake</p> <p>Procedure is quiet</p> <p>Side effects: bleeding, cramping</p>	<p>Women can remain awake</p> <p>Private</p> <p>More natural/like miscarriage</p> <p>Side effects: nausea, vomiting, fever, chills</p>